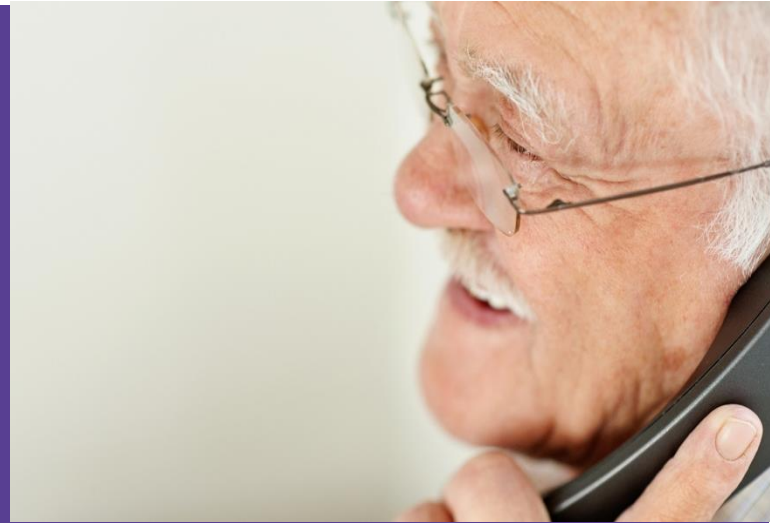


Are you concerned about the impact Covid-19 is having on socially isolated people in your community? Perhaps you know someone who is needing some support.



Phone Befriending offered by The Ark in partnership with All Hallows Church Gedling

HOW ARE YOU FEELING AT THIS TIME?

DO YOU NEED TO SPEAK TO SOMEONE?

WE ARE HERE TO LISTEN

CAN YOU HELP?

ABLE TO OFFER SOME BEFRIENDING BY PHONE?

Please call for a friendly chat
Coordinator: John Tattersfield
Telephone: **0800 9991506**
theark@thearkgedling.org.uk

OPERATED BY THE ARK ADVICE CENTRE

WHAT IS 'TWO'S COMPANY'?

'Two's Company' is a telephone befriending programme being run through churches across the UK to respond in a relevant way to the Covid-19 pandemic. Many people are more isolated now than ever and this approach provides a way for local people to stay in touch by telephone on a regular basis.

WHO CAN GET INVOLVED?

Volunteers will have been vetted and checked through previous roles in their local church. It would particularly suit those who have a warm, friendly and empathetic character and can relate to people of different ages and backgrounds.

HOW DOES THIS PROJECT WORK IN PARTNERSHIP WITH OTHER AGENCIES?

Local projects have started in the area to respond to Covid-19, such as churches, Good Neighbour schemes and Local Authorities to broaden their impact in our local community.

**THIS IS NOT COUNSELING
YOU WILL NOT BE ASKED FOR MONEY**